

If you have filters and blocks on your home computer and your child has a cell phone with Internet access, he/she now has access to anything and everything. Consider what the purpose of the phone is, does your child NEED internet access on their mobile device to function as a son/daughter and/or student. If it is not necessary to have the Internet accessible through the phone consider disabling it.

# CSAANYS

Cyberbullying has gained momentum in the past few years due to the sharp increase in cell phone texting. Youth find it easy to type and send messages that they would never say to someone's face. It is very easy to hit send and we have to worry about the look on someone's face. The manners, that you expect your child to exhibit at home, in public, etc. should apply to cell phones and texting. It is never ok to send hurtful, malicious or threatening text messages.

## Tips and Reminders

- NEVER text while driving!
- NEVER use a cell phone while driving!
- If the phone has blue tooth enable caution is recommended for dialing and talking while driving. It is easy to become distracted with chatting with a friend.
- Talk or text only with people you know in the real world.
- Think before you SEND. Words can never be unwritten. Just because you can't see a person's reaction doesn't mean the words hurt less.
- Taking photographs of yourself or anyone else in the nude has many more consequences than a teen can imagine. Don't do it under any circumstances.
- NEVER forward nude photos that other's may send you. If you receive a nude photo immediately delete it and tell a trusted adult.
- NEVER use the video feature on the phone to take embarrassing or inappropriate footage of yourself or anyone else, DO NOT allow someone to do it to you.
- Parent need to model correct cell phone use, including unplugging during meals, family events, events or locations where cell phone use is not acceptable.
- Model by not texting or talking while you are driving.
- Teach your children how to use this tool correctly. As with all tools that we have in our homes, only with proper instruction and use is the likelihood of an accident or injury lessened.



# Cell Phones

Being safe in a plugged in world



**\$11.00 for a pack of 20 members /** *20 is ok to limit cell phone use.*

**\$18.00 per pack - non-member price**

**A practical guide to how kids are using cell phones and keeping kids safe.**

**To order copies, contact [csaanysoffice@twc.com](mailto:csaanysoffice@twc.com) or call 518-280-9807.**

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